



ESSENTIAL OILS _ THE NATURAL HEART OF BEAUTY

A beautician's clients have made an informed decision to entrust their physical and mental wellbeing to a professional, but it is important to remember that their subconscious or irrational will however oppose a certain resistance to **contact**. The expert must therefore establish a reassuring connection that helps the person being treated to let go completely and totally relax.

The Vagheggi philosophy includes a welcoming stage called **Contact**. This is a ritual comprising special massage techniques, deep breathing and the application of essential oils that relax clients through aromatherapy and prepare them for the benefits of the subsequent cosmetic treatment. For facial treatments, **Contact** comes after the physiological cleansing stage. For body treatments, **Contact** comes after cleansing with Lime Micellar cleansing lotion.

Essential oils intensely stimulate the sense of smell because they evaporate at room temperature. Their sensorial effect is therefore very strong and acts directly on the cerebral cortex, with a much faster evocation of past experiences than visual and sound stimulation. Essential oils are also called the "soul of the plant" due to their special extraction and they have a general action on overall physical and mental wellbeing.

Which essential oil is selected will depend on its geographical origin and the concentration of the active ingredient it contains, which may vary depending on the harvest period and method. Only scrupulous analysis can determine integrity and guarantee 100% purity.



INDICATIONS:

- Suitable for face and body (**N.B.** never use Inn and Yang on the face).
- Highly active products - **can also be used for aromatherapy.**
- Do not mix together.
- Use a maximum of 20 drops on the face and a maximum of 50 drops on the body.

HOW TO USE:

- To turn facial and body massage into a truly relaxing functional aromatherapy treatment, use the essential oils most suited to the client and then proceed with the specific massage using Primula della Notte oil or cream.
- During facial treatments, the beautician can use essential oils, applying them directly to the client's skin before the mask or before the final cream.
- Excellent when using the Detoxing essential oil with the Lime and Balance lines.

CONTRAINDICATIONS:

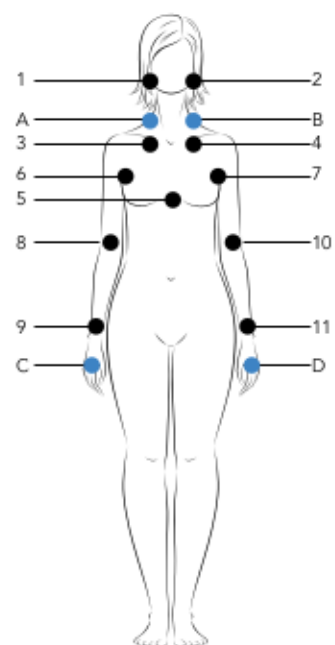
- Do not use during pregnancy or breastfeeding.
- Avoid exposure to the sun or UV lamps after application.
- Do not apply on damaged or scarred skin.

Remember: professional product – we do not recommend home use



PRODUCT	ACTIVE INGREDIENTS	SUITABLE FOR
TONIFIANTE ESSENTIAL OILS 191200	MINT, ROSEMARY, LEMON, THYME, SAGE	LOOSE SLACK SKIN IDEAL ON FACE, NECK, DÉCOLLETÉ AND BUST
NORMALISANTE ESSENTIAL OILS 191201	LAVENDER, LEMON, NIAOULI, THYME, ROSEMARY, EUCALYPTUS, MINT	OILY, IMPURE SKIN IDEAL BEFORE EXTRACTION DURING FACIAL CLEANSING
REGULATRICE ESSENTIAL OILS 191203	LAVENDER, LEMON, MARJORAM, THYME, YLANG YLANG, CYPRESS	THIN SKIN IDEAL FOR HELPING DRAINING IF APPLIED TO THE MAIN LYMPHATIC STATIONS
SOLVANTE ESSENTIAL OILS 191204	SAGE, LAVENDER, THYME, ROSEMARY, PINE, CYPRESS	SHINY OILY SKIN IDEAL BEFORE FINAL CREAM IN TREATMENT OF IMPURE SKIN
LENITIVE ESSENTIAL OILS 191202	PETITGRAIN, OILY EXTRACT OF CHAMOMILE, MALLOW AND CALENDULA	DELICATE SKIN IDEAL DURING REFLEXOGENIC MASSAGE
INN+ ESSENTIAL OILS 191205	MINT, LAVENDER, THYME, CYPRESS, YLANG YLANG, LEMON	LOOSE SKIN WITH STRETCH MARKS FOR THE BODY, CAN ALSO BE APPLIED BEFORE MUD
YANG+ ESSENTIAL OILS 191206	LAVENDER, LEMON, CAJEPUT, NIAOULI, CYPRESS, CINNAMON	LOCALISED CELLULITE AND FATTY DEPOSITS CAN ALSO BE APPLIED BEFORE MUD
DETOSSINANTE ESSENTIAL OILS 191207	ORANGE, MANDARIN, LEMON AND CAJEPUT	STRESSED INTOXICATED SKIN

APPLICATION DIAGRAM OF ESSENTIAL OILS



Essential oils to apply:

● Régulatrice (1-11) ● Lénitive (A-D)

APPLICATION

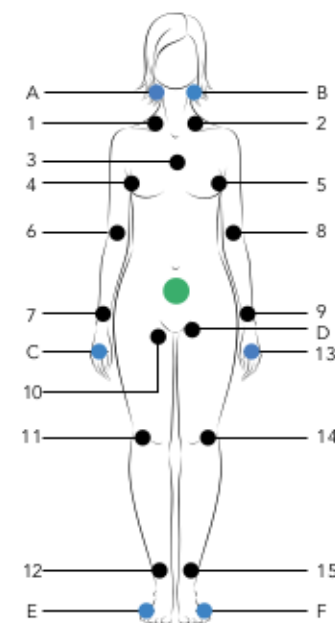
Apply the essential oil directly to the client's skin, followed by pumping massage, in the order given.

RELAXING ACTION

- Shoulder-occiput traction (3 times)
- Neck wrapping (once)
- Shoulder opening in time with breathing (3 times)

TO CLOSE

- Pressure on palms
- Arm lengthening



Essential oils to apply:

● Régulatrice (1-15) ● Lénitive (A-F) ● Détoxsinante

APPLICATION

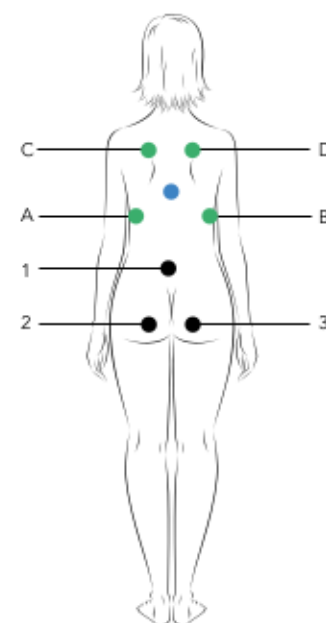
Apply the essential oil directly to the client's skin, followed by pumping massage, in the order given.

RELAXING ACTION

- Shoulder-occiput traction (3 times)
- Collar wrapping (once)
- Shoulder opening in time with breathing (3 times)
- Pressure on palms and soles of feet

TO CLOSE

Leg traction



Aceites Esenciales para aplicar:

● Régulatrice (1-3) ● Lénitive ● Détoxsinante (A-D)

APPLICATION

Apply the Régulatrice essential oil directly to the client's skin, followed by pumping massage, in the order given; follow Lénitive and Détoxsinante essential oils with effleurage.

RELAXING ACTION

- Lengthen paravertebral muscles, starting with the cervical area of the neck, down to the sacral zone (3 times)
- Standing to one side of the client, massage lumbar-sacral zone with downward wave-like and pressing movements (3-4 times)
- Knead paravertebral muscles, upwards and downwards. Repeat massage on other side of lumbar-sacral zone with downward wave-like and pressing movements (3-4 times)

TO CLOSE

Wave-like movements on legs with final traction



**TONIFIANTE,
BOTTLE 50 ML –
191200**

Action: loose slack skin,
ideal on face, neck,
décolleté and bust.



**NORMALISANTE,
BOTTLE 50 ML –
191201**

Action: oily, impure skin,
ideal before extraction
during facial cleansing.



**REGULATRICE,
BOTTLE 50 ML –
191203**

Action: thin skin, ideal
for helping draining
if applied to the main
lymphatic stations.



**SOLVANTE,
BOTTLE 50 ML –
191204**

Action: shiny oily skin,
ideal before final cream in
treatment of impure skin.



**LENITIVE, BOTTLE
50 ML – 191202**

Action: delicate skin,
ideal during reflexogenic
massage.



**DETOSSINANTE,
BOTTLE 50 ML –
191207**

Action: stressed
intoxicated skin.



**INN, BOTTLE
50 ML – 191205**

Action: loose skin with
stretch marks; for the body,
it can also be applied
before mud.



**YANG, BOTTLE
50 ML – 191206**

Action: localised cellulite
and fatty deposits; for
the body, it can also be
applied before mud.